

Pamela's Top 25 Playlist

Music certainly makes all the difference in my workouts. Here's a list of my Top 25 heart pumping, booty shakin', energizing songs sure to get you moving!

1. Dynamite ~ Taio Cruz
2. Tik Tok ~ Ke\$ha
3. I Can't Be Tamed ~ Miley Cyrus
4. Evacuate the Dancefloor ~ Cascada
5. DJ Got Us Falling in Love ~ Usher
6. Waka Waka ~ Shakira
7. I Made It ~ Kevin Rudolf
8. Airplanes ~ B.o.B. Ft. Hayley Williams
9. Shake It ~ Metro Station
10. Use Somebody ~ Kings of Leon
11. If We Ever Meet Again ~ Timbaland & Katy Perry
12. Meet Me Halfway ~ Black Eyed Peas
13. Good Girls Go Bad ~ Cobra Starship
14. She Wolf ~ Shakira
15. I Like It ~ Enrique Iglesias Ft. Pitbull

16. Boom Boom Pow ~ Black Eyed Peas
16. Sex on Fire ~ Kings of Leon
17. California Girls ~ Katy Perry
18. Fire Burning ~ Sean Kingston
19. If I Had You ~ Adam Lambert
20. Pump It ~ Black Eyed Peas
21. Pon De Replay ~ Rihanna
22. StarStruck ~ 3Oh3! Feat. Katy Perry
23. Little White Church ~ Little Big Town



My playlist does come with the following warning . . .

this high energy music can and most likely will cause involuntary outbursts of singing. This can result in sure embarrassment in public areas . . . listen with caution!